

Staff Training June 2022 - to book a place email HIT@halton.gov.uk

Mental Health and Wellbeing

If you are feeling concerned about mental health issues presenting in children and young people due to the pandemic, we have put lots of guidance/resources on our [Mental Health Info Point](#), as well as online training. For more details and to book a place on any of these courses, please email maria.mculty@halton.gov.uk. Training is delivered via MS Teams, but can also be delivered face to face if required.

CYP Mental Health Awareness Training	13 June	1:30 pm-3:30pm
	5 July	3.30pm – 5.00pm
Self Harm Training	28 June	3.30pm – 5.00pm
Resilience Framework Workshop	15 June	1:00pm – 1:45pm
	11 July	3.30pm – 4.15pm

CYP Brief Lifestyle Intervention for Practitioners

This course is suitable for anyone working with children and families. It equips learners with knowledge and resources to encourage behaviour change using brief intervention.

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Session 1: Introduction to Healthy eating	21 June	1.00pm – 2.30pm
Session 2: Sleep, Screens and Physical Activity	28 June	1.00pm – 2.30pm

Gambling Harms - Workshops and Training – Beacon Trust

A 90 minute, CPD accredited workshop delivered to educate and inform about current gambling and gaming behaviours, impacting young people. We explore up to date statistics, look at impact on brain, mental health as well as risk factors and warning signs. We guide you through a step by step referral pathway for a young person experiencing gambling harms themselves or through the gambling of someone else. **To learn more, visit <https://beaconcounsellingtrust.co.uk/> or contact kylie.windle@beaconcounsellingtrust.co.uk to book your training or workshop.**

Axess – Professional Briefing on Pornography

Axess has launched a #pornvsreality campaign to promote their new briefing “Pornography - Fake vs Reality”. The campaign will also include key messages on social media with the main aim of promoting happy, healthy, consenting and respectful relationships. Axess sexual health outreach team are offering a professional briefing on pornography. This training is available for any professionals working with young people. [Click here to find out more.](#)