

# **Healthy School News**



June 2022

## From the Healthy School Age Operational Group

Don't forget to sign up to our Healthy Schools offer by emailing HIT@halton.gov.uk

## **Gambling Harms - Workshops and Training**

We have a new partner supporting Halton Healthy Schools - Beacon Counselling Trust. They provide pupil workshops (for age 10-19 years, or 11-19 in special schools), assemblies (secondary), CPD accredited staff training and workshops, and parent workshops. All are free of charge.

Workshops and training include what gambling is, how it can become harmful, and how to make safe, informed choices, and access support. At secondary level we also explore advertising, gambling and gaming and their influence on society, and the impact on mental health. Professionals training also includes risk factors, warning signs and referral pathways.

To learn more, visit <a href="https://beaconcounsellingtrust.co.uk/">https://beaconcounsellingtrust.co.uk/</a> or contact <a href="https://beaconcounsellingtrust.co.uk">kylie.windle@beaconcounsellingtrust.co.uk</a> to book your training or workshop.

## **Primary School offer**

### Gambling & Gaming - Year 6

A workshop on what gambling is, how it can become harmful, who can be impacted and how to make safe, informed choices and access support if needed.



## **Secondary School offer**

#### Young People ages 11-19

An interactive workshop delivered to a class or assembly, exploring both gambling and gaming and their influence within society. We focus on impacts on mental health and those close to us, gambling in advertising, ways to stay safe and how to access free support if needed.



## **Special School Provisions**

#### Young People ages 11-19

An interactive workshop delivered to a class or assembly, exploring both gambling and gaming and their influence within society. We focus on impacts on mental health and those close to us, gambling in advertising, ways to stay safe and how to access free support if needed.



Please note we offer our CPD accredited workshop to any professional working in a helping role with young people.



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# **Axess RSE Resource Briefing - Key Stage 3 and 4**

Axess sexual health outreach team are now offering a RSE briefing session for teachers.

To support teachers and professionals delivering relationships and sex education (RSE) to secondary school pupils, Axess outreach team have produced an educational resource. This resource supports the school curriculum, providing practical support for educational staff to implement some of the sexual health elements of the statutory requirements for RSE.

The briefing session will include a short zoom presentation which explains the Axess RSE resource, how it could work both in the classroom and home learning, top tips for teachers and an opportunity for questions and answers on sexual health topics. The areas covered include: relationships, sex and the law, sexually transmitted infections.

To book onto a staff briefing session please email both <a href="https://example.com/Hayley.tooley@liverpoolft.nhs.uk">Hayley.tooley@liverpoolft.nhs.uk</a> and <a href="https://example.com/Kelly.cartwright@liverpoolft.nhs.uk">Kelly.cartwright@liverpoolft.nhs.uk</a> to arrange suitable dates and times. We aim to be flexible to meet the needs of the school.

For further information on sexual health services please visit: www.axess.clinic



## The Great Get Together

24 - 26 June

The GGT team has produced guidance to support schools - from pre-school up to Sixth Form - with running assemblies, lessons and activities around the Great Get Together. Jo's story and the Great Get Together can contribute to developing students' understanding of Democracy, Rule of Law, Mutual Respect and Tolerance for Different Faiths.

Visit

https://www.greatgettogether.org/fa as for more details and to download a schools pack.

## **Axess Young Persons Clinic**

Axess has now opened a young person's clinic in Widnes based at the Urgent Care Centre on Caldwell Road, for anyone aged 19 and under.

The clinic takes place every Thursday from 3.30pm to 6pm. Bookings can be made by calling 0300 323 1300, and walkin appointments are available.

## Speak out, Stay safe

This scheme from the NSPCC supports children to help them understand that abuse is never their fault - and that they have the right to be safe.

The Speak out Stay safe programme helps children to understand that they always have a right to feel safe, and that they can speak to a trusted adult or Childline if they ever need help or support.

Help equip a generation of children with the knowledge and understanding they need to stay safe from abuse and neglect. Visit <a href="https://learning.nspcc.org.uk/services/speakout-stay-safe">https://learning.nspcc.org.uk/services/speakout-stay-safe</a> to access the free resources for your school.

Find out more