

# Gender Based Violence

## What it is

- Gender-based violence is a phenomenon deeply rooted in gender inequality, and continues to be one of the most notable human rights violations within all societies. Gender-based violence is violence directed against a person because of their gender. Both women and men experience gender-based violence but the majority of victims are women and girls. This can be committed through physical violence, sexual violence, psychological violence and economic violence. It can be done in person or online.

## Signs

- Unexplained changes in behaviour or personality, becoming withdrawn, physical injuries

## What to do

- Log your concerns on cpoms pass the slip to one of the DSL's
- Try to be non-judgemental.
- Let the person know that you are there for them.
- Relate to them as a whole person
- Speak to someone

## Useful Websites

- <http://www.gendertrust.org.uk/gender-based-violence/>
- <https://psychologysays.net/forensic/25-questions-about-gender-based-violence-to-spot-abuse/>
- <https://emtechalmoceda.blogspot.com/2022/01/how-to-prevent-gender-based-violence.html>

## Questions

- What is gender based violence
- How can gender based violence occur