

Get Ready For Summer 2023

Making Better Citizens.





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Welcome

to the Military Academy

A welcome message from MPCT,



We have seen and supported over 30000 young people make the very challenging transition from childhood to adulthood and develop into positive, productive role models in their own right.

At MPCT, we believe that through outstanding leadership, teaching

and learning, all can achieve their goals. Our learners were recognised in our last Ofsted Inspection in 2022 for having outstanding behavior and attitude and our provision was also recognised for providing outstanding personal development opportunities for our learners across all of our colleges.

Every Instructor at the college has served in the British Armed Forces and all are role models to our students. They have been trained by the best, and, in turn, our students are learning from the best. The sense of pride our staff feel in developing, training and supporting our students has also been recognised by Best Companies when MPCT was ranked as the 2nd best Education and Training organisation in the UK to work for in 2022.

Graduates of the programme who decide to join the British Armed Forces better are better prepared and are more likely to be successful than direct entrants. Students who decide to pursue other career options have the core skills and confidence to support their success. With this new found set of skills and qualifications, doors are now open to them, which were previously firmly closed. Most gain far more than they ever felt possible.

A visit to any MPCT site will provide an insight into what is a very unique and rewarding education.

Our Mission

Our mission is to engage, motivate and educate in order to achieve excellence for all.

Our Vision

We create an environment that is caring, supportive, safe and positive.

Our Ethos

MPCT's vision is to deliver outstanding quality of education programmes in every region of the United Kingdom. This will support all Learners to reach their potential and progress to their chosen career or learning path.

We will achieve this by a sustainable growth model and robust positive performance management, which promotes an inspirational coaching & learning culture.



The MPCT Core Values

MPCT believes that by living and breathing these values every day, and by encouraging the learners to do the same, strong relationships are forged and meaningful outcomes are achieved. You can expect to see these core values in everything we do.

Our Core Values Are:



Passionate

We're passionate about everything we do, especially creating as many opportunities as we can for both young people and adults to gain new skills.



Unstoppable

We are committed to continually exploring ways to improve the service that we offer for the benefit of our learners, partners, and employers.



Right

We endeavour to be open, honest, and fair in our dealings with learners, employers, partners, and stakeholders. We also aim to get it right first time.



Partnerships

We continually strive to deliver excellence through strategic and sustainable partnerships with a wide range of FE organisations, employers, and wider stakeholders.



Learners

We keep our learners at the centre of everything we do, and we are driven by the desire to provide life-changing opportunities for them.

Empowered

We are passionate about supporting Purple People at all levels, empowering them to realise their full potential and progress.



Physical Training

The benefits of physical exercise are so important to your development that we put a large emphasis on it and as such you will do some sort of activity every day. You will be taught how to eat properly, how to effectively exercise and look after yourself. This will make you feel stronger, be healthier, look better and achieve more.

Regardless if you pursue a career in the uniformed services, this experience will set you up for life.

- Daily physical training sessions
- Adventure training opportunities
- Health screening
- Fitness Assessments to track your progress
- Varies activities for all abilities
- Bespoke training plan to support your application to your chosen career path

Health & Well-being

All of our instructors have experience and knowledge in supporting people with leading a healthy lifestyle. They will be able to support your goals and give you advice to ensure that you fuel your body correctly for maximum performance. They will also be able to support weight gain and loss in line with a career in the uniformed services.

- FREE Breakfast Club
- FREE Healthy eating plan
- FREE Advice on losing and gaining weight
- Daily outdoor activities to pro mote wellness
- Team building activities to promote social development
- Opportunities to play sport

MPC Instructors

All of our Instructors are ex-British Armed Forces personnel and they bring a wealth of experience to support and advise students throughout their time at the college. Learners are supported in numeracy and literacy by dedicated Skills Instructors.

- Will help you achieve qualifications
- Will set realistic targets for you

Will use their military background to make

- learning fun and engaging
- Will improve your fitness
- Will support you to progress your chosen career goal
- Expert advice and guidance

Military Training

Our courses are designed to give Learners the skills needed to start their journey towards a rewarding career in the British Armed Forces or to progress on to further education or training.

At the college, Learners will follow a weekly routine of activities and curriculum. This includes vocational training, physical training, English and mathematics, military training days and assessments.

Our curriculum covers a wide variety of skills development, including public speaking. The skills and confidence needed are gained through the practice of preparing and delivering ice-breakers and presentations. Learners will always have the support of their peers and their Instructor every step of the way as your confidence builds.

Problem-solving and leadership skills are essential in the Armed Forces and civilian employment. Learners will take part in a range of problem-solving activities both in the field, and in academic lessons. The ability to work effectively as a team member will be essential to your success. There are many leadership opportunities at the college, and we encourage all of our Learners to challenge themselves to be more than average.

- Military visits
- Military personnel support
- Low-level tactics
- Assault course training
- Annual whole college competition
- Activities that support your application to the forces



Here at the Military Preparation College there is such a varied spectrum with physical ability we use a Bib System to ensure that everyone is training at suitable intensity.

As PT is 50% of the curriculum it is paramount that not only do our Learners participate in PT but also enjoy it.



Blue

sessions.



Red

This bib is given to a Learner



Green

This bib is given to a Learner This bib is given to a beginner. with an advanced level of They may not be very physically with an intermediate level of fitness. They may have been active upon joining MPCT and fitness. They would have either need support to achieve the on the course for more than progressed through the bib required standard of PT at four weeks and improved their system or joined the college college. They may find running fitness as a result. They've with a high level of fitness. hard and have weak upper shown that they are capable of Green bibs will need to be body strength. Steps should improving and steps should be fully engaged and challenged always be followed to ensure made to help them goal set for to fully appreciate the PT they are engaged and enjoy PT the next level. programme.

0330 111 3939

Qualifications

At the Military Preparation College, Learners will enrol on a course that is designed to give them the skills that they need to start their journey towards a rewarding career or to continue with education and training.

ETCAL Level 2 in Preparation for Military Service

The ETCAL Level 2 in Preparation for Military Service qualification will help you develop the skills and attitudes you need to gain employment in all branches of the British Armed Services. These skills are also highly valued by employers in any sector or industry.

Depending on how much time you spend on the course, you can progress through different levels of the qualification. These includes a Certificate and Diploma. The aim of the course is to prepare you for getting a job. Getting a job is just the first step; we also focus on giving you the tools to succeed and advance in your role or future career.

In addition to qualifications, you will develop your confidence, fitness, health, and ability to work within a team. You will gain the skills and knowledge required to progress to employment, further study, a traineeship, or an apprenticeship.

You will study the following units:

- Understanding the Military
- Teamwork in the Military
- Health and Safety
- Physical Fitness for Military Service
- Communication for Military Service
- Leadership for Military Service
- Fieldcraft for Military Service
- Navigation for Military Service

NCFE Level 3 Certificate for Entry to the Uniformed Services

The NCFE Level 3 Certificate for Entry to the Uniformed Services qualification will help you develop an understanding of the principles of the uniformed services sector and to explore the various avenues of work within it. It will also demonstrate the transferable skills that can be applied to any workplace or further study.

Learn about the skills and qualities needed to work in a range of uniformed services such as leadership. Also understand the personal commitment and fitness required to be employed within the sector.

You will study the following units:

- Prepare for a career in the uniformed services.
- Develop aspects of physical fitness
- Develop leadership skills
- Equality, diversity & inclusion
- Outdoor & adventurous activities
- Understanding discipline in the uniformed services.





The Functional Skills qualifications at the Military Preparation College supports you to achieve your vocational aspirations, as these skills are becoming increasingly important in the workplace.

Functional Skills qualifications are intended to support you to improve your numeracy and literacy skills. The Functional Skills qualifications will help you to develop and demonstrate that you can apply these vital skills to a range of situations.

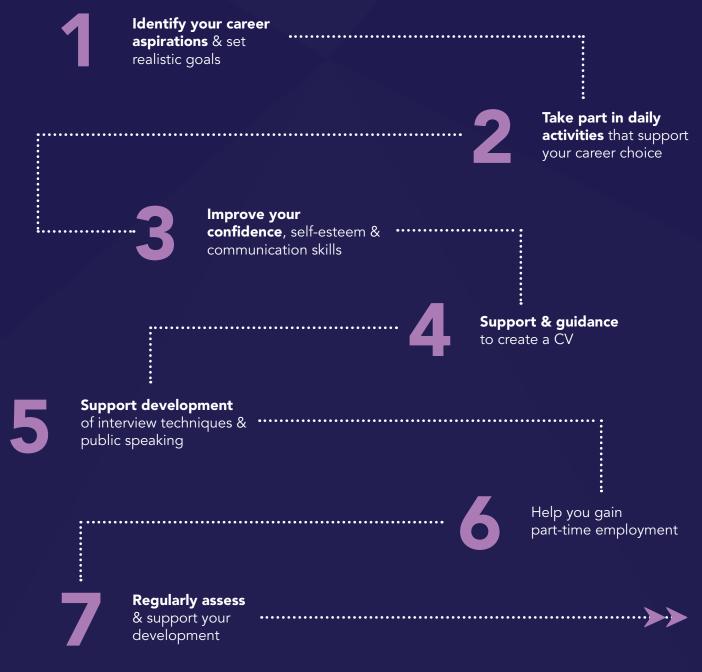
We will support you in achieving these qualifications, which will increase your confidence and motivation. The skills you gain will be valuable in further learning, work and life in general.

You can achieve the following functional skills qualifications:

- Entry Level 1, 2 and 3 in Mathematics
- Level 1 and 2 in Mathematics
- Entry Level 1, 2 and 3 in English
- Level 1 and 2 in English.

MPCT Progression

Here at MPCT we provide Learners with skills that they require to progress onto their chosen career. The course is tailored to you. Your progress will depend on your personal ability and what career you'd like to aim for.



Learner Progressions

There are many routes that can be taken after your time with MPCT. Whether you want to progress into the Army, further education or a civilian career MPCT can help you get there. Here are a few examples from previous Learners.



Bradley LeBeau-Roe

"What a difference a year at MPCT has made to me. I have absolutely loved every day that I've spent at the college. I love how the instructors have believed in me, treated me like an equal, spoke to me like an adult and respect me.

I've made new friends and achieved qualifications that I never thought would be within my reach. MPCT has helped me gain a place at AFC Harrogate progressing toward the Parachute Regiment."



Tom Willocks

"You will be pleased to hear that I am now a Guardsman in the 1st Battalion Scots Guards. Initially I am going to be stationed in Wellington Barracks, London as part of F company. I did both phase 1 & 2 training at ITC Catterick, Infantry Training Centre in North Yorkshire and graduated last week. I found training really enjoyable. I think it's amazing how much you can learn over 28 weeks, but I think you retain things better when you're interested. MPCT gave me a great base and starting point and I'm really grateful for their support. I'm looking forward to starting my career in the Scots Guards".



Asmita Rai

"I have worked extremely hard to achieve my certificate in Employability Skills and have gained my level 1 and level 2 Functional Skills in English all whilst sitting my GCSE English exams. PT has always been one of my strongest features, my instructors said that I am one of the strongest female athletes in the college and I've won gold in the Taekwondo National Championship and silver at International Tournaments. I recently attended assessment centre at Pirbright and came away with a grade 1. The interviewer at Pirbright said I was outstanding and the best female candidate they have had in a very long time, which made me very proud of myself. I am joining the Army Air Corps and awaiting a start date."

Bursary Fund

Are you struggling with the costs of full-time education or training?

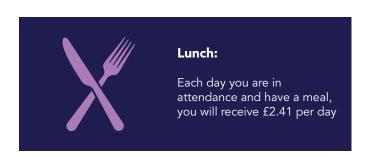
The 16-19 Bursary Fund is here to help.

If you are eligible for the bursary, you will be entitled to claim any costs that pay for items relevant to the course – up to a maximum of £1,200 each year.



If your MPCT Centre is located in London, please visit the **Transport for London** website to find out more about: routes, maps, timetables and journey planners.

tfl.gov.uk





To find out more:

call us on **0330 111 3939**talk to your **Instructor**or go to
www.direct.gov.uk/16-19bursary

Motivation & Learning Trust

The Motivational Preparation College for Training (MPCT) has been actively engaged in the enhancement of life chances for young people for over seventeen years. The success of the education and training strategies employed by MPCT have made an enormous difference to young people who may not have found their way easily into adulthood, employment and as a contributing member of society. It is apparent that a significant number of young people who enrol on the MPCT programme need additional financial and resource assistance in order to help meet their potential. Quite simply the motivation, support and encouragement they receive at MPCT is not always mirrored at home.

The formation of the Motivation & Learning Trust (MLT) young people's charity is designed to meet this need. MLT will take a proactive and decisive role in ensuring that young people within the MPCT family who need assistance get it. In exceptional circumstances the trustees will consider the needs of young people outside of this.



Registered Charity Number: 1155810



Our other Provisions



MPCT Schools provides a curriculum for life through preparation for lifelong learning. We have a professional and engaging curriculum that welcomes a diverse range of learner (14-16) who is able to access and succeed through our expansive curriculum options.

The active and holistic approach to learning taken by MPS inspires, motivates and educates all Learners to reach their potential.



The Fitness Academy is designed for 16-19-year-olds who wish to gain qualifications and experiences to pursue a career in the sports and active leisure industry. We offer level 1, 2 and 3 qualifications as well as additional courses and qualifications that help further develop our students' employability skills, such as circuits and gym instructor courses.

You will have access to a huge range of events and activities, including presentations, training and mentoring from professional sportsmen and women, Olympians and industry experts.



Sports apprenticeships are available to anyone in Wales aged 16+ who are working in the sport and active leisure industry, or those who wish to enter the sports and active leisure industry through exercise and fitness or sports coaching. Apprenticeship training is a great way to up-skill your existing work-force while ensuring your employees remain motivated



MPCT Young Leaders has character education and learning as the principle foundation. By implementing our unique character education syllabus, we support primary schools across the United Kingdom with high quality opportunities to broaden and differentiate their curriculum.

Our pedagogy is based upon active learning, with delivery through a holistic approach to academic and personal development, all of which is delivered in-school through a sustained and progressive Instructor led delivery.

Learner Support Services

Our Learner Support Coaches are there to advise and support young people and their parents/guardians that are facing personal or learning challenges, to support them in successfully completing their training and transition into their chosen career aim.

- Completing consent forms when joining the College.
- Financial Support information, completing applications and guidance on next steps.

- Digital support such as loan laptops.
- Advice, guidance and sign posting as required.
- Attendance issues and any issues that arise whilst at College.

The team are available to talk to you between the hours of 9am - 7pm Monday - Thursday, and 9am - 4:30pm on Friday and are looking forward to your call. If you would prefer to email them send your enquiry to support@learner.mpct.co.uk

Safeguarding



The primary objective of MPCT is always the safety and well-being of its Learners. Its vision has always been about supporting and developing young people to achieve their goals and aspirations. We accomplish this through a combination of study and military based physical activities.

We do this by ensuring that all our staff are sufficiently trained to deal with any safeguarding concern that may arise. They are supported by dedicated safeguarding leads in all areas and co-ordinated nationally by a Lead Safeguarding Officer.

We engender a culture of openness and transparency encouraging all Learners to engage fully with MPCT staff, giving them the confidence to disclose any concerns they may have. All disclosures made by Learners are always taken seriously and given the appropriate attention to ensure that they are always kept safe.

MPCT has also got processes to allow safeguarding concerns to be reported via alternative routes when the referrer may not have the confidence to speak directly to an Instructor. These will include:

Childline: 0800 1111 www.childline.org.uk NSPCC: 0808 800 5000 www.nspcc.org.uk

Dedicated safeguarding email: keepmesafe@mpct.co.uk

Dedicated safeguarding line with voicemail: 02921 675537

The person responsible for overall safeguarding for MPCT is the Lead Safeguarding Officer who is independent from the colleges and will take personal responsibility if there are any direct concerns made against an instructor or other member of MPCT.





Uniform



£20

Polo T-Shirt

Set-in sleeve design, self-fabric collar with 3 button placket and self coloured buttons. Self-fabric taped back neck.



£32

MTP Current Issue Combats

Not provided in any of our bundles, these lightweight camouflage combat trousers are now current issue to all UK forces.



£60

Patrol Boots

A full leather military style boot offering comfort and durability in the field.

Instructor Recommended Bundle **£224**

- 2x personalised cool round neck t-shirts
- 1x personalised classic round neck sweat shirt
- 2x personalised cool polo t-shirts
- 1x personalised soft shell jacket
- 1x pair of camouflage combat trousers
- 1x pair of performance shorts
- 1x tie or scarf
- 1x pair Patrol boots
- 1x Bib (blue, red or green) printed with your MPCT centre location
- 1x 3-ply face mask

MPCT uniforms are supplied by **Black Mountain Embroidery Solutions**



To order uniform:

visit www.bmes.london call 01989 566364 email orders@bmes.london

Please note: prices correct at time of publication



Do I need qualifications to start the course?

No. You just need the right attitude.

Is the course free?

Yes The training is free due to the course being part funded by the European Social Fund.

Do I need to be fit to join the course?

No. We will make sure that you work at a level that is suitable for you. Your fitness will improve naturally as you take part in exercise every day at the college.

Do I get paid?

You may be eligible for a training bursary. For more information visit https://www.gov.uk/1619-bursary-fund/further-information or contact us on 0330 111 3939.

Will I get to wear a uniform?

Yes. All students on the programme wear the college uniform. This makes them part of the team and gives them a sense of pride. Details on your uniform will be explained on day one.

Will I need to pay for any equipment?

Dependant on personal circumstances, financial support could be available. For further details contact us on 0330 111 3939.

Are the courses residential?

No. You will still live at home whilst attending your local Military Preparation College but you will have the opportunity to go on overnight exercises.

Will the course help me choose a career?

You will receive individual careers advice whilst on the course to help you with your vocational choices.

Do I have to join the military if I attend the Military Preparation College?

No. You will be supported in whatever career path you choose to follow. Although the course is based on military values, it will give you the confidence and employability skills to succeed in any career you choose. You will also gain valuable qualifications.

Do I get any holidays?

Yes. You will be eligible to have up to 35 days' holiday per year.

When can I start?

Unlike traditional colleges, you can start anytime during the year. This is usually within a week of applying.

www.mpct.co.uk enquiries@mpct.co.uk 0330 111 3939

MPCT

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enquiries@mpct.co.uk 0330 111 3939 www.mpct.co.uk

