Y7 Summer 1: Keeping Safe



What is Risk?

How do I stay safe on, or near, roads?

How do I stay safe near water?

How do I stay safe online?

Risk definition:

'a situation involving exposure to danger.

A risk is something that may cause loss or injury. It is important that we learn to identify and manage risks in our lives. Ask yourself:

- What is the situation? Crossing a busy road with fast traffic.
- What is the risk level? May be high because of the chance of being hit by a vehicle. Traffic may be moving too fast to cross safely.
- How can I make the situation safer? Cross at a zebra or pelican crossing; cross with an adult; wait until there are no cars coming; cross at a bridge or a subway.
- Which of these would be the safest? Why?

Getting off a bus Crossing the road On a green light, look both Watch out for cars or ways and listen for traffic motorcycles when getting off before crossing Crossing the road without signal lights Around the corner Pay additional attention Do not run into the roadway before crossing Wear a seat-belt 3 Do NOT jaywalk Children under 13 are safest Make sure to use a crosswalk in the back seat Do NOT play between cars Watch out for big cars stationed side by side Stay away from big cars turning Use safety gear on Do NOT play behind cars bicycles and in-line skates

How do I stay safe near train lines?

In the last 12 months alone, seven young people under the age of 18 have lost their lives and a further 48 people have received life changing injuries.

Drivers may not be able to

-Wirral Safeguarding

Invisible Danger:

One of the biggest dangers on railways is one you cannot see: electricity.

Use bicycle lanes when

available

The third rail looks just like an ordinary rail, but contains 750 volts of electricity. This can easily kill you. It's designed to send power to the train, but humans are 70% water and the perfect conductor for this electricity. If you touch the rail, you will 'stick' to it.

Other sources of electricity near train lines can 'jump'. You can be electrocuted even if you are not directly touching the source.

Over 700 people drown in the UK and Ireland every year and many more suffer injury.

More people die from drowning in the UK and Ireland than from domestic fires or cycling accidents.

Drowning occurs most often around the warmer, summer months, 46% of drownings occur in the summer months and this rises to 75% amongst 13 – 17-year olds.

Top Water Safety Tips:

- Never swim alone Stay close to a friend or family member.
- Find a safe place to go Only swim where there is a lifeguard.
- Plan for your activity check weather, tide times, get local advice and wear the right clothing.
- If you fall in, float until you feel calm.



Information about you, your family and your friends is personal. You should never share this information with people that you do not know really well. This is especially true when we are online.

Top Tips for Online Safety

- -People you don't know are strangers, they are not always who they say they are.
- -Be nice to people online, like you would be in the playground.
- -Keep your personal information private, don't give away personal information.

If you ever get an 'uh-oh' feeling, you should tell an adult you trust.

