

STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1



MON

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE
with Spring Onion, Pepper & Garlic

CRUNCHY RAINBOW SALAD



TUE

NASHVILLE CHICKEN THIGH BURGER
with Ranch Slaw

CAJUN SPICED BAKED VEGGIE BURGER
with Ranch Slaw

CRISPY BAKED HOME FRIES



WED

ROAST PORK, STUFFING & APPLE SAUCE
with Gravy
Either as a classic roast dinner or loaded into a ½ baguette

ROASTED ROOTS FILO STRUDEL

SKIN ON ROASTIES CARROTS & BROCCOLI



THU

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS



FRI

Choose from:
BATTERED FISH MARGHERITA PIZZA
CHICKEN NUGGETS OR SAUSAGE

Chips

BAKED BEANS, GRAVY OR CURRY SAUCE

MAINS

SIDES

- PASTA & NOODLE POTS -

CHINESE CHICKEN CHOW MEIN NOODLES

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

ITALIAN TOMATO PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY SALADS

DAILY SALADS

DAILY SALADS

DAILY SALADS

DAILY SALADS

DESSERTS

ASPENS HOMEMADE COOKIES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

SELECTION OF HOMEBAKES

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit & Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2



GERMAN HAUS

MON

CURRYWURST
with a crusty baguette

CAULIFLOWER SCHNITZEL V

POTATO SALAD
BRAISED CABBAGE



HACIENDA MEXICANA

TUE

SMOKED CHILLI BEEF
VEGGIE BEAN CHILLI WITH
Smashed Nachos
with Spring Onion & Sour Cream

VEGGIE BEAN CHILLI
Smashed Nachos V
with Spring Onion & Sour Cream

SMOKY CORN



Home STYLE

WED

BRITISH PORK SAUSAGE
TOAD IN THE HOLE
with Onion Gravy

QUORN SAUSAGE
TOAD IN THE HOLE V
with Onion Gravy

SKIN ON GARLIC ROASTIES
GREEN BEANS



INCREDIBLE INDIA

THU

PULLED CHICKEN
TIKKA PIE
OVER RICE

CHANA MASALA
STUFFED PIE V

CRISPY BOMBAY POTATOES,
CUMIN ROAST CARROTS &
PARSNIPS



Chips & More

FRI

Choose from:
BATTERED FISH
MARGHERITA PIZZA,
CHICKEN NUGGETS OR
SAUSAGE V

CHIPS

BAKED BEANS, GRAVY OR
CURRY SAUCE V

MAINS

SIDES

- PASTA & NOODLE POTS -

CHINESE CHICKEN
CHOW MEIN NOODLES

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

ITALIAN TOMATO PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DAILY SALADS

DAILY SALADS

DAILY SALADS

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DESSERTS

ASPENS HOMEMADE
COOKIES

SELECTION
OF HOMEBAKES

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WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2



MON

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE LASAGNE V

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

CHINESE CHICKEN CURRY

VEGETABLE CHOW MEIN V

5 SPICE RICE & STIR FRIED GREENS



WED

CREAMY CHICKEN & PUFF PASTRY PIE

SMOKY SWEET POTATO & RED PEPPER PIE V

CHIVE MASH PEAS, GREEN BEANS SAVOY CABBAGE

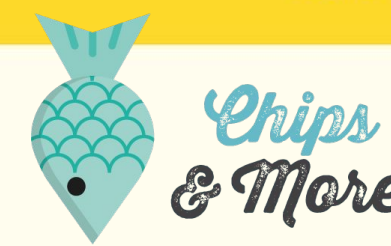


THU

SMOKY ALBONDIGAS (Meatballs)

SPANISH VEGETABLE TORTILLA V

SPANISH RICE TOMATO & GREEN BEAN SALAD



FRI

Choose from:
BATTERED FISH
MARGHERITA PIZZA, V
CHICKEN NUGGETS OR SAUSAGE V

CHIPS

MUSHY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE V

MAINS

SIDES

- PASTA & NOODLE POTS -

CHINESE CHICKEN CHOW MEIN NOODLES

BOLOGNESE PASTA

CARBONARA PASTA

BOLOGNESE PASTA

ITALIAN TOMATO PASTA

ITALIAN TOMATO PASTA - DAILY V

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