

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 1
Autumn Winter 2025/26
03/11/25, 24/11/25,
15/12/25, 05/01/26,
26/01/26, 16/02/26,
09/03/26, 30/03/26

MAINS

SIDES



Swedish Style Meatballs in
Gravy with Cranberry Jam

Summerset Apple,
Leek & Bean Stew V

Creamy Mash, Peas
& Green Beans V



Char Siu Roast Pork
with Chinese Style
Curry Sauce

Chinese Style
Vegetable Curry V

Steamed Rice & Wok Fried
Veggies V



Roast Chicken & Thyme
Toad in the Hole

Veggie Banger Toad
in the Hole V

Roasties, Smashed
Honey Parsnips &
Seasonal Greens V



Aspens Hand Pressed Beef
Burger, Caramelised Onion
& Mac Sauce

Cheese & Onion Burger V
with Smoky Tomato Relish

Roasted Root Veg V
Wedges & Green Salad



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Best Ever Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Tomato

DELI HOT

Southern Chicken
Strips Wrap

Chicken Tikka Wrap

BBQ Pink Onion
Deli Dog

Classic Pepperoni

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Swedish Meatball

Chinese Style Curry Char
Siu Pork

BBQ Beans & Pink Onion

Cheese, Caramelised
Onion & Mac Sauce

All The Classics

BIG BOWL SALAD

Avocado
Super Green Salad

Avocado
Chicken Caesar

Quinoa
Superfood Bowl

Grain & Seed
Health Bowl

Special Salad

DESSERTS

Chai Spiced Baked
Rice Pudding

Lemon Meringue Apple
Crumble & Custard

Aspens
Toffee Cookies

Apple Tart Tatin
& Custard

Brownie
Blondie Ripple

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 2
Autumn Winter 2025/26
10/11/25, 01/12/25,
22/12/25, 12/01/26,
02/02/26, 23/02/26,
16/03/26

MAINS

SIDES



sabor de
Portugal
MON

Peri Chicken & Macho Pea
Pasta Bake Chilli Lime Aioli

Peri Crispy Chickpea &
Butterbean Pasta Bake V

Zesty Dressed
Roast Broccoli V



Home
STYLE
TUE

Honey Mustard Glazed
British Bangers with
Roasted Red Onion

Honey Mustard Glazed Veggie
Bangers with Roasted Red
Onion V

Leek Mashed Potatoes,
Mushy Peas & Gravy V



Home
STYLE
WED

Slow Roast Garlic &
Rosemary Pork with
Apple Stuffing

Cauliflower & Broccoli
Cheesy Bake V

Roasties, Savoy Cabbage
& Cauliflower V



INCREDIBLE
INDIA
THU

Chicken Tikka
Balti Curry

Butternut Tomato
Chilli Masala V

Garlic Rice, Roasted V
Cauliflower & Green Beans



Chips
& More
FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Best Ever Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Tomato

DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

Curried Chicken &
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Spicy Peri Chicken
& Cheese

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

BIG BOWL SALAD

Zesty Kale &
Tandoori Chickpea

Indian Chickpea
Greens & Mint Yoghurt

American Style
Cobb Salad

Honey Mustard Chicken
Cobb Salad

Special Salad

DESSERTS

Cinnamon Raisin
Oat Cookie

Banana Sticky Toffee
Pudding & Custard

Custard Tart

Coconut & Pineapple
Upside Down Cake

Cheesecake
Cookie Slice

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 3
Autumn Winter 2025/26
17/11/25, 08/12/25,
29/12/25, 19/01/26,
09/02/26, 02/03/26,
23/03/26

MAINS

SIDES



Minced Beef Hotpot
Topped with Root Veg &
Potatoes

Lentil, Onion & Root Veg
Hotpot 

Savoy Cabbage
& Peas 



BBQ Chicken &
Cheese Melt

Cajun Spiced
Bean Burger 

Cajun Rice & Roasted
Mediterranean Veg 



Maple Glazed Gammon
with Crispy Smashed New
Potatoes

Honey Carrot & Apple
Wellington 

Carrot & Swede Mash,
Green Beans 



Pork Ragu
Lasagne al Forno

Spinach, Cream Cheese &
Roasted Veg Lasagne 

Crusty House Baked Bread,
Roast Carrots
or Garden Salad 



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice 
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Best Ever
Bolognese

Classic Meatball Pasta

Pulled Ham Carbonara

Classic Tomato

DELI HOT

Mexican Hot Pizza Slice

BBQ
Cornflake Crunch Wings

Masala Mayo Deli Dog

Chinese Style
Chicken Wrap

Cheesy Chips

FILLINGS

Beef Mince & Onion

Smoky Spanish Beans
& Aioli

Masala Mayo, Cheese &
Crispy Onion

Pulled Ham
Carbonara Sauce

Loaded
All The Classics

BIG BOWL SALAD

Roasted Tomato & Pepper
Pasta Salad

Pasta Butterbean,
Roasted Tomato & Spinach

California Caprese

Citrus Chicken, Spinach
& Mozzarella

Special Salad

DESSERTS

Old School Jam
Cornflake Crunch

Baked
Cheesecake

Banana Choc Chip Loaf

Maple Apple Pie
& Whipped Cream

Aspens Best Ever
Chocolate Brownies

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO