

Go Ape Trip

Thursday 30th April

- Arrive to school for 8:20am and go to the canteen
- We will be back at school for 3:00pm
- Remember to bring a packed lunch! Let your tutor know if you need a free school meal on this day so Miss Bagshaw can organise this for you
- No nuts** allowed in your packed lunch!
- No fizzy or energy drinks.

Phones & Valuables

- You are allowed your phone.
- However, it will be your responsibility to look after it so please ensure you wear a jacket or trousers with a zipped pocket.
- You will not be allowed to use your phone during the activities, and it will be confiscated if you do.
- Save some of your battery for the journey home in case you need to let home know if we are due back later than planned.

Clothing

- You can wear your own clothes or your school PE kit if you prefer.
- You're clothing needs to be appropriate. E.g., you cannot wear cycling shorts or cropped tops.
- You're clothing needs to be something you are comfortable to do physical activity in and move easily.
- Footwear: Trainers with a good grip and a pair you do not mind getting muddy!

Groups

- Your form tutor will share this with you the day before the trip.
- Everyone has been put into a group with at least one of your friends.
- Each group will have an instructor from Go Ape and a teacher.
- Miss Bagshaw and Mrs Pope will tell you what bus you are on. This is not up for negotiation as it is based on the number of seats on each bus.

Behaviour

- You must remain with your group at all times.
- There will be designated time when you can use the toilet – do not just walk off.
- You must listen and follow all instructions from the instructor and your member of staff.
- Anyone not following the instructions will not take any further part in the activities and will need to remain with the teacher for the rest of the day.
- Misbehaviour can result in you not being allowed to attend any future trips like Monkey Forest!

Money

- There is a small café there. However, it is unlikely will use this. You can bring a small amount of money but again, it is your responsibility to look after.

Medical Consent Form

- This has to be returned before the trip. If not, you will not be allowed to go on the trip!**
- Your tutor has this on email, so they can print you a new one if you have lost it.

Weather

- Please wear clothing appropriate for the planned weather.
- If we are due rain and cold, please ensure you have waterproofs like a coat and long trousers.
- You may want to bring a spare plastic bag to put any muddy trainers in and wet clothing.
- Bring spare clean trainers and socks
- If we are due hot weather, pack sun cream and a cap to protect you from the sun.

Any questions?

Ask your tutor and if they cannot answer, they will email Miss Bagshaw and get back to you with the answer 😊